



# HEALTHY PREGNANCY SUPPORT SERVICE PUBLIC HEALTH NURSE INFORMATION FOR CANDIDATES

## ABOUT THE TRUST

The Shrewsbury and Telford Hospital NHS Trust (SaTH) is the main provider of acute hospital services for around half a million people in Shropshire, Telford & Wrekin and mid Wales.

Encompassing some of the most picturesque parts of England and Wales, the Trust's catchment stretches from the Cambrian Mountains in the west, to Newport and the fringes of the Black Country in the east.

The main towns include: Bridgnorth, Ludlow, Market Drayton, Oswestry, Shrewsbury and Whitchurch (in Shropshire); Newport, Telford and Wellington (in Telford & Wrekin); and Newtown and Welshpool (in Powys) – all beautiful and unique.

Our main service locations are The Princess Royal Hospital (PRH) in Telford and The Royal Shrewsbury Hospital (RSH) in Shrewsbury which are located 20 minutes drive apart. Together they provide 99% of our activity. Both hospitals provide a wide range of acute hospital services including accident & emergency, outpatients, diagnostics, inpatient medical care and critical care.

We also provide services such as consultant-led outreach clinics at Telford, the Robert Jones and Agnes Hunt Orthopaedic Hospital, Gobowen and the Bridgnorth, Ludlow and Whitchurch Community Hospitals.

We employ more than 6,000 people, and hundreds of colleagues and students from other organisations also work in our hospitals. We benefit from around 1,000 wonderful volunteers, and our main charitable partners are the League of Friends at The Royal Shrewsbury Hospital, Friends of The Princess Royal Hospital, and the Lingen Davies Cancer Appeal which is based at The Royal Shrewsbury Hospital.



# OUR VISION AND VALUES

The Shrewsbury and Telford Hospital NHS Trust is an organisation that strives to provide high quality, safe care for our patients in an environment which our staff are proud to work in

## Our Vision:

“To provide excellent care for the communities we serve”

## Our Values:



We believe that by adhering to our Vision and working with our Values in mind we can behave in a way which will ensure the right results for the people that matter most – our patients and their families.

# OUR VALUES

Our Trust Values provide a guide for our daily lives which we are all expected to uphold, both at work and when we are representing the Trust.

Our Values were developed by staff and our patients, so they represent what is important to us within the organisation and the way we should all behave towards patients, carers, visitors, partners and each other.

You will see our Values throughout the Trust; they are not just words on a page, they represent what we are about here at SaTH. We want patients and their families to say that the care and service they receive from all of us is consistently high-quality, safe, effective, and personalised, so the feelings behind the Values shouldn't come as a surprise to anyone working in the NHS.

The reason why it is important that they are clearly written down is, so we all know what's expected, and none of us are surprised if we are asked to explain any unacceptable behaviour. Ultimately, if we follow our Values, we will provide services that are better for our patients and better for each other.

# COLLEAGUE BENEFITS

## GENERAL

27 days annual leave entitlement at joining, increasing with length of service, plus 8 bank holidays

Flexible working policies

Generous maternity pay and 2 weeks full pay paternity leave

Colleague recognition scheme and long service awards

Option to buy and sell additional annual leave

Greener travel initiative, including cycle to work scheme and lift share

Childcare information and support available, including onsite nurseries

Discounted bus passes with Arriva

## FINANCIAL

Access to various local and national discounts via various external websites

- Blue Light Card
- Health Service
- Discounts NHS

Salary sacrifice schemes for home electronics and bikes

Generous Pension scheme

Access to a financial support booklet

Pre-retirement courses

Free Will writing service

Savings and Loan schemes

## HEALTH AND WELLBEING

### PSYCHOLOGICAL SUPPORT

- Coaching
- Mental Health First
- Aiders Chaplaincy

### PHYSICAL SUPPORT

- Fast track physiotherapy service Free
- eye test vouchers

### HEALTHY LIFESTYLES AND EMOTIONAL SUPPORT

- Slimming World referral scheme Staff
- cervical screening service Long Covid support
- Access to wellbeing/rest rooms
- Menopause support including advocates, webinars, toolkits, clinics, and bi-monthly meet ups Men's
- Health - Bi-monthly forums and men's MOT
- Sleep School Wellbeing Support

Discounts with local gyms

## LEARNING AND DEVELOPMENT

### COACHING AND MENTORING

Opportunities to grow, develop and perform at your best

### LEADERSHIP ACADEMY

Leadership and management training for all levels of staff

### ACCESS TO ELEARNING COURSES

Many eLearning modules to learn from with access available at home

### APPRENTICESHIPS

There are a growing number of apprenticeship opportunities at SaTH across all disciplines

Secondment and acting-up opportunities

Support to complete qualifications such as NVQ, Masters etc. whilst on the job





## JOB DESCRIPTION

<b>Job Title</b>	<b>Healthy Pregnancy Support Service Public Health Nurse</b>
<b>Band</b>	<b>5</b>
<b>Directorate</b>	<b>Service Delivery Directorate</b>
<b>Accountable to</b>	<b>Healthy Pregnancy Support Service Lead</b>
<b>DBS Required?</b>	<b>Enhanced</b>

## JOB OVERVIEW

The Healthy Pregnancy Support Service (HPSS) are looking for a registered band 5 Nurse to join our well-established, friendly team.

As a County wide public health service, we provide smoking cessation support to pregnant women and have expanded our services to include weight management support in pregnancy and a full vaccination programme delivered alongside maternity scans and clinic appointments at PRH and RSH.

This multi-level public health service provides an exciting opportunity for a Nurse to become a band 5 Co-ordinator of the daily operation of these services and a source of support and Leadership for our Healthy pregnancy advisors. You will also be trained as a Healthy pregnancy advisor, therefore providing the opportunity to have your own caseload of women and support families to make behavioural changes to improve their health and wellbeing.

The integration of this service as part of mainstream midwifery services will ensure a seamless care pathway at a time when women are open to receiving advice and guidance around making healthy lifestyle choices, to promote a healthy pregnancy, with a positive outcome and healthy baby.

## MAIN DUTIES AND RESPONSIBILITIES

- The Co-ordinator will ensure the efficient day to day running of the service.
- They will have excellent communication skills and work alongside maternity services and HPSS lead to provide a high standard of care.
- Be a point of contact for supporting any issues that affect service delivery and provide problem solving solutions.
- Monitor quality of service by using an agreed competency assessment framework and identify actions to continuously improve the service in line with the key performance indicators.
- Trained as a healthy pregnancy advisor and smoking cessation advisor, you will have a caseload of women to provide continuity of care to women and their families.
- Administer flu and pertussis vaccinations to pregnant women alongside scan/clinic appointments.
- Educate and give guidance to reduce children's exposure to second-hand environmental tobacco smoke in the home and reducing the risk of SIDS.
- Inform women on safe physical activity during pregnancy and signpost to local services to access activities targeted for pregnant women.
- Encourage uptake of the Healthy Start Scheme, informing women of the importance of taking Healthy Start Vitamins in pregnancy to reduce adverse outcomes such as neural tube defects and vitamin D deficiency.
- Identify women with complex needs who may need referral to specialist service such as substance misuse, safeguarding, mental health services and family support services.
- Keep meticulous written and electronic records and monitoring to assess the progress of lifestyle changes implemented.
- Deliver training as part of the mandatory training sessions for maternity staff and deliver training as required to other professionals working with women and their families.
- Work alongside other maternity services to provide support for other co-morbidities such as diabetes in pregnancy.
- Share information with key agencies e.g., Health Visitors, Family Nurses, Strengthening Families, mental health, and safeguarding teams.
- Ensure relevant and up to date educational and promotional resources are available to support the service.
- Plan and support promotional days to raise the profile of the HPSS on key national days, such as No Smoking Day, Stoptober and any other relevant days such as baby loss awareness.
- Adhere to medicines management with regards to stop smoking medications.
- Monitor stock resources and ensure appropriate levels are maintained for patient use.
- To report all adverse results not in line with normal parameters and progress to the service lead and other relevant professionals as required.

## PERSONAL RESPONSIBILITIES

- Be self-motivated and able to motivate others, whilst supporting and showing a caring attitude to other team members.
- Manage own caseload and diary and communicate effectively with other team members to ensure support is maintained in your absence.
- To attend relevant meetings and appropriate training and development activities to maintain knowledge and any emerging new evidence related to your job role.
- To provide monitoring information on performance and outcomes of patient care to the Healthy Pregnancy Support Service.





## PERSON SPECIFICATION

The following pages contain a description of the qualifications, skills, experience, knowledge and other attributes a candidate should ideally possess to successfully perform this role.



# QUALIFICATIONS

ESSENTIAL	DESIRABLE
<ul style="list-style-type: none"> <li>Registered Nurse</li> </ul>	<ul style="list-style-type: none"> <li>Evidence of ongoing relevant post registration education and training</li> <li>Evidence of study related to research/evidence-based practice public health, qualification, or willingness to undertake</li> </ul>

# EXPERIENCE AND KNOWLEDGE

ESSENTIAL	DESIRABLE
	<ul style="list-style-type: none"> <li>knowledge of the challenges and barriers some families face in choosing to adopt a change in lifestyle to improve their health.</li> <li>Understand how public health initiatives contribute to positive outcomes in prevention of ill health and reduce health inequalities.</li> <li>Have a knowledge of how effective behaviour change techniques and models of health promotion can influence and support a person to make positive lifestyles choices.</li> <li>Demonstrate a knowledge of how auditing can be utilised to improve service provision</li> </ul>

## SKILLS

ESSENTIAL	DESIRABLE
<ul style="list-style-type: none"> <li>• Excellent written and verbal communication skills</li> <li>• A team player who demonstrates the ability to motivate, inspire and empower others to build rapport and achieve best practice.</li> <li>• Able to prioritise, show effective organisation and problem-solving skills to ensure the smooth day to day running of the service</li> <li>• Good time management skills with the ability to set and achieve targets within time scales and evaluate and monitor progress.</li> </ul>	

## OTHER

ESSENTIAL	DESIRABLE
<ul style="list-style-type: none"> <li>• Must be eligible to work in the UK</li> <li>• Ability to work in various locations throughout the network of services provided by Shrewsbury and Telford Hospitals</li> <li>• Be able to commute from site to the community via own transport</li> </ul>	

## GENERAL CONDITIONS

As they undertake their duties, all our people are required to uphold and demonstrate the Trust's core values of: Partnering, Ambitious, Caring and Trusted. Collaboration and partnership are also central to our approach in delivering our fundamental activities of patient care, teaching, and research.

# HEALTH & SAFETY

As an employee of the Trust, you have a responsibility to:

- take reasonable care of your own Health and Safety and that of any other person who may be affected by your acts or omissions at work; and
- co-operate with the Trust in ensuring that statutory regulations, codes of practice, local policies and departmental health and safety rules are adhered to; and
- not intentionally or recklessly interfere with or misuse anything provided in the interests of health and safety.

# INFECTION PREVENTION AND CONTROL (IPC)

The prevention and management of acquired infection is a key priority for the Trust. As an employee of the Trust, you have a responsibility to:

- ensure that your work methods are compliant with the Trust's agreed policies and procedures and do not endanger other people or yourself; and
- be aware of infection prevention and control policies, practices, and guidelines appropriate for your duties and you must follow these at all times to maintain a safe environment for patients, visitors and colleagues; and
- maintain an up-to-date knowledge of infection prevention and control, policies, practices, and procedures through attendance at annual mandatory updates and ongoing continuing professional development; and
- challenge poor infection prevention and control practices of others and to report any breaches, using appropriate Trust mechanisms (e.g. incident reporting policy)

# INFORMATION GOVERNANCE

The Trust is committed to compliance with Information Governance standards to ensure that all information is handled legally, securely, efficiently, and effectively. You are required to comply with the Trust's Information Governance policies and standards.

- Confidentiality and Security - Your attention is drawn to the confidential nature of information collected within the NHS. Whilst you are employed by the Trust you will come into contact with confidential information and data relating to the work of the Trust, its patients or employees. You are bound by your conditions of service to respect the confidentiality of any information you may come into contact with which identifies patients, employees or other Trust personnel, or business information of the Trust. You also have a duty to ensure that all confidential information is held securely at all times, both on and off site.
- Disclosure of Information - To ensure that information is only shared with the appropriate

people in appropriate circumstances, care must be taken to check the recipient has a legal basis for access to the information before releasing it. Upon leaving the Trust's employment and at any time thereafter you must not take advantage of or disclose confidential information that you learnt in the course of your employment, to protect yourself and the Trust from any possible legal action.

- Information Quality and Records Management - You must ensure that all information handled by you is accurate and kept up-to-date and you must comply with the Trust's recording, monitoring, validation and improvement schemes and processes.

## PROFESSIONAL STANDARDS AND PERFORMANCE REVIEW

As an employee of the Trust, you have a responsibility to:

- participate in continuous personal development including, statutory and mandatory training as appropriate for the post; and
- maintain consistently high personal and professional standards and act in accordance with the relevant professional code of conduct; and
- take responsibility for the maintenance and improvement of personal and professional competence and to encourage that of colleagues and subordinates

## SAFEGUARDING CHILDREN AND VULNERABLE ADULTS

We all have a personal and a professional responsibility within the Trust to identify and report abuse.

As an employee of the Trust, you have a responsibility to ensure that:

- you are familiar with and adhere to the Trusts Safeguarding Children procedures and guidelines
- you attend safeguarding awareness training and undertake any additional training in relation to safeguarding relevant to your role

## SOCIAL RESPONSIBILITY

The Trust is committed to behaving responsibly in the way we manage transport, procurement, our facilities, employment, skills, and our engagement with the local community so that we can make a positive contribution to society. As an employee of the Trust, you have a responsibility to take measures to support our contribution and to reduce the environmental impact of our activities relating to energy and water usage, transport and waste.



# CONTINUOUS IMPROVEMENT

The Shrewsbury and Telford Hospital NHS Trust is committed to creating a culture that puts Continuous Improvement at the forefront of our transformational journey and our aim is to empower colleagues at all levels have the confidence, capability, passion, and knowledge, to test changes and make improvements at SaTH and in the communities we serve.

Following a successful five-year partnership with the Virginia Mason Institute in the USA, SaTH continues to further develop and embed the Trust's approach to Continuous Improvement at all levels of the organisation. You will be supported by an Improvement Hub, which will provide the necessary expertise to support you make improvements, while also providing training at various stages of your time at SaTH, as part of your continuing professional development.

# EQUAL OPPORTUNITIES AND DIVERSITY

The Shrewsbury and Telford Hospital NHS Trust is striving towards being an equal opportunities employer. No job applicant or colleague will be discriminated against on the grounds of race, colour, nationality, ethnic or national origin, religion or belief, age, sex, marital status or on the grounds of disability or sexual preference.

Selection for training and development and promotion will be on the basis of an individual's ability to meet the requirements of the job.

The Shrewsbury and Telford Hospital NHS Trust the post-holder will have personal responsibility to ensure they do not discriminate, harass, bully, or contribute to the discrimination, harassment or bullying of a colleague or colleagues, or condone discrimination, harassment or bullying by others.

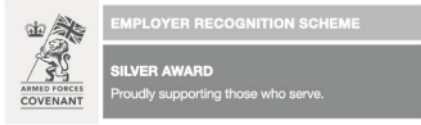
The post-holder is also required to co-operate with measures introduced to ensure equality of opportunity.

# NO SMOKING POLICY

There is a no smoking policy in operation within the Trust. Smoking within the Trust's premises or within the Trust's grounds is not permitted.

# MISCELLANEOUS

This job description is an outline of the key tasks and responsibilities of the post and is not intended to be an exhaustive list. The job may change over time to reflect the changing needs of the Trust and its services as well as the personal development.





## The Royal Shrewsbury Hospital

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Minicom: 01743 261213

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SY3 8XQ

[Getting to The Royal Shrewsbury Hospital](#)

## The Princess Royal Hospital

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TF1 6TF

[Getting to The Princess Royal Hospital](#)