The Shrewsbury and Telford Hospital NHS Trust

# SISTER/CHARGE NURSE – CRITICAL CARE INFORMATION FOR CANDIDATES



# ABOUT THE TRUST

The Shrewsbury and Telford Hospital NHS Trust (SaTH) is the main provider of acute hospital services for around half a million people in Shropshire, Telford & Wrekin and mid Wales.

Encompassing some of the most picturesque parts of England and Wales, the Trust's catchment stretches from the Cambrian Mountains in the west, to Newport and the fringes of the Black Country in the east.

The main towns include: Bridgnorth, Ludlow, Market Drayton, Oswestry, Shrewsbury and Whitchurch (in Shropshire); Newport, Telford and Wellington (in Telford & Wrekin); and Newtown and Welshpool (in Powys) – all beautiful and unique.

Our main service locations are The Princess Royal Hospital (PRH) in Telford and The Royal Shrewsbury Hospital (RSH) in Shrewsbury which are located 20 minutes drive apart. Together they provide 99% of our activity. Both hospitals provide a wide range of acute hospital services including accident & emergency, outpatients, diagnostics, inpatient medical care and critical care.

We also provide services such as consultant-led outreach clinics at Telford, the Robert Jones and Agnes Hunt Orthopaedic Hospital, Gobowen and the Bridgnorth, Ludlow and Whitchurch Community Hospitals.

We employ more than 6,000 people, and hundreds of colleagues and students from other organisations also work in our hospitals. We benefit from around 1,000 wonderful volunteers, and our main charitable partners are the League of Friends at The Royal Shrewsbury Hospital, Friends of The Princess Royal Hospital, and the Lingen Davies Cancer Appeal which is based at The Royal Shrewsbury Hospital.



# **OUR VISION AND VALUES**

The Shrewsbury and Telford Hospital NHS Trust is an organisation that strives to provide high quality, safe care for our patients in an environment which our staff are proud to work in

# Our Vision:

# "To provide excellent care for the communities we serve"

**Our Values:** 



# **OUR VISION**

We believe that by adhering to our Vision and working with our Values in mind we can behave in a way which will ensure the right results for the people that matter most – our patients and their families.

# **OUR VALUES**

Our Trust Values provide a guide for our daily lives which we are all expected to uphold, both at work and when we are representing the Trust.

Our Values were developed by staff and our patients, so they represent what is important to us within the organisation and the way we should all behave towards patients, carers, visitors, partners and each other.

You will see our Values throughout the Trust; they are not just words on a page, they represent what we are about here at SaTH. We want patients and their families to say that the care and service they receive from all of us is consistently high-quality, safe, effective, and personalised, so the feelings behind the Values shouldn't come as a surprise to anyone working in the NHS.

The reason why it is important that they are clearly written down is, so we all know what's expected, and none of us are surprised if we are asked to explain any unacceptable behaviour. Ultimately, if we follow our Values, we will provide services that are better for our patients and better for each other.



# A MESSAGE FROM OUR CEO

Thank you for your interest in this role.

Our Trust's Vision is to provide excellent care for the communities we serve. We are striving to provide high quality, safe care for our patients in an environment which our colleagues are proud to work in.

We are looking for an inspiring, motivated individual who demonstrates our values, and who can provide clear vision and direction as we continue to move forward.

You will know that our Trust is on an improvement journey. Our recent Care Quality Commission inspection demonstrates that we are making progress towards our aim of Getting to Good, despite the challenges of a pandemic. We also know that we have more to do and that we must sustain the changes if we are to keep on improving. We are wholeheartedly committed to this and have plans in place to support this including our exciting Hospitals Transformation Programme. This will support the reconfiguration of where and how we deliver our services and the modernisation of our facilities and infrastructure, so that we can deliver better quality care for all of our communities.

It is a really exciting time to be a part of our Trust. I hope that you will join us to help steer and support us on our journey.

Louise Barnett

Louise Barnett CHIEF EXECUTIVE OFFICER





# A MESSAGE FROM OUR DIRECTOR OF NURSING

Thank you for your interest in this role.

Our Trust's Vision is to provide excellent care for the communities we serve. We are striving to provide high quality, safe care for our patients in an environment which our colleagues are proud to work in.

Here at SaTH we strive to provide excellent care for our communities, and nursing is an integral part of our workforce to enable this to be achieved.

The role of a nurse is incredibly rewarding. As nurses we are often a source of great comfort and hope to patients during some of life's most pivotal moments, and you could play your part in that journey.

I have been a nurse for 30 years and every day I see the dedication and commitment our nurses show. When you join our team, you will be given the support, guidance and opportunities to develop and flourish here at SaTH.

Hayley Flavell

HAYLEY FLAVELL DIRECTOR OF NURSING



# COLLEAGUE BENEFITS

27 days annual leave entitlement at joining, increasing with length of service, plus 8 bank holidays

Flexible working policies

Generous maternity pay and 2 weeks full pay paternity leave

Colleague recognition scheme and long service awards

Option to buy and sell additional annual leave

Greener travel initiative, including cycle to work scheme and lift share

Childcare information and support available, including onsite nurseries

Discounted bus passes with Arriva

# Access to various local and national discounts via various external websites

- Blue Light Card
- Health Service
- Discounts NHS

**FINANCIAL** 

Salary sacrifice schemes for home electronics and bikes

Generous Pension scheme

Access to a financial support booklet

Pre-retirement courses

Free Will writing service

Savings and Loan schemes

### **PSYCHOLOGICAL SUPPORT**

- Coaching
- Mental Health First
- Aiders Chaplaincy

### **PHYSICAL SUPPORT**

- Fast track physiotherapy service Free
- eye test vouchers

### HEALTHY LIFESTYLES AND EMOTIONAL SUPPORT

- Slimming World referral scheme Staff
- cervical screening service Long Covid
- support
- Access to wellbeing/rest rooms
- Menopause support including advocates, webinars, toolkits, clinics, and bi-monthly meet ups Men's
- Health Bi-monthly forums and men's MOT
- Sleep School Wellbeing Support

iscounts with local gyms

# LEARNING AND DEVELOPMENT

### COACHING AND MENTORING

Opportunities to grow, develop and perform at your best

### LEADERSHIP ACADEMY

Leadership and management training for all levels of staff

### ACCESS TO ELEARNING COURSES

Many eLearning modules to learn from with access available at home

### APPRENTICESHIPS

There are a growing number of apprenticeship opportunities at SaTH across all disciplines

Secondment and acting-up opportunities

Support to complete qualifications such as NVQ, Masters etc. whilst on the job

HEALTH AND WELLBEING

GENERAI



# JOB DESCRIPTION

Job Title	Sister/Charge Nurse – Critical Care	
Band	6	
Directorate	Service Delivery Directorate	
Accountable to	Ward / Department Manager	
DBS Required?	Yes, Enhanced	

# JOB OVERVIEW

To function as a competent clinical practitioner within their designated clinical area. To deliver direct patient care whilst, coordinating and overseeing nursing/theatre practice.

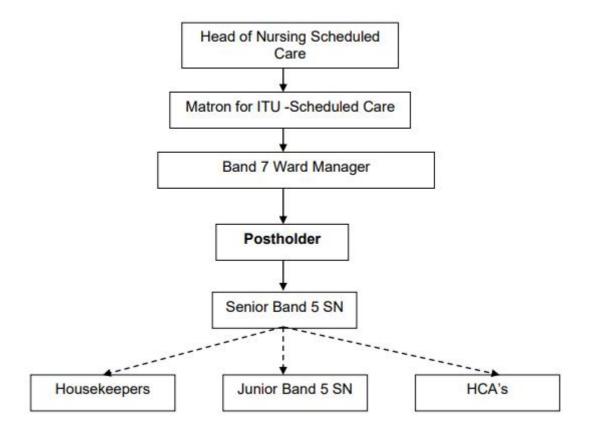
The post holder will act as a professional role model being responsible for ensuring the high standards of nursing care / activities during their span of duty through directly supporting and leading on clinical practice.

To ensure that there is efficient and effective utilisation of resources to deliver optimum quality care to their client group.

To deputise for the department manager in his / her absence, driving forward evidence-based practice and taking responsibility for the supervision of staff and the policies and practices that operate within their clinical area.

To work flexibly to meet the needs of the service.

### **Organisational Chart**



### **Management and Leadership**

1. In conjunction with the ward/ department manager be responsible for the day-to-day supervision of their ward/ department/team, effectively motivating, and directing staff to ensure that time and resources are managed through effective teamwork.

2. To ensure that staff have a clear understanding of their duties and responsibilities and of the standards of performance and conduct expected of them during their span of duty

3. To organise their team effectively on a daily basis deploying staff appropriately according to their skills and experience ensuring effective management of workload and prioritising work as necessary.

4. To ensure that maximum usage of available bed base is always maintained by utilising agreed operational strategies to facilitate appropriate admissions, and timely discharge to meet the delivery of the EDD process and Nurse led discharge.

5. To deputise for ward/ department manager as necessary.

6. In conjunction with the ward manager take responsibility for implementing and reviewing clinical practices

to ensure that they are cost effective and up to date.

7. To contribute towards the new ways of working which support the Trusts objectives and improvement programmes.

8. To be an authorised signatory for stock orders, staff time sheets and expenses.

9. To support the Ward/ department in promoting new ways of working which support and contribute towards Divisional and corporate objectives and improvement programmes.

10. To work with all members of the multi professional team to develop services to ensure the effective provision of all aspects of clinical care are maintained at a high standard.

11. To contribute to and influence the total patient experience and journey through collaborative working and effective communications with all members of the multi-disciplinary team throughout the hospital.

12. To assist in the formulation, and review of clinical policies and procedures in their own ward/ department. To ensure trust wide agreed polices within area of responsibility are adhered to.

13. In the absence of the ward/ department manager be a point of contact by ensuring that they are a visible, accessible, and assertive figure to whom patients, relatives and staff can turn for assistance, advice and support.

14. To act as a professional role model for other junior staff.

15. To support the ward/ department manager to assist PALS staff in helping to resolve the concerns of patients and their families as quickly as possible.

16. To ensure that high standards of cleanliness, tidiness and décor are maintained in their designated area. To ensure PEAT standards are adhered to.

17. To work with external agencies in particular Social Services, and community nursing and domiciliary therapy services.

18. To support the ward/ department managers in the process of change demonstrating professionalism and integrity. 3

19. To contribute towards the development, production, and implementation of the wards/ department's objectives, in line with agreed service and financial objectives.

### **Patient Care**

1. To practise clinically, co-ordinating, and supervising nursing / theatre practice. Ensuring that all patients have their needs assessed, that programmes of care are developed to meet these needs and are delivered in accordance with agreed policies and procedures.

2. To be a competent practitioner, leading innovation and demonstrating clinical expertise. The postholder act as a resource and advisor in their area of expertise to colleagues in other wards and departments throughout the Trust

3. To deliver all aspect of care relative to their patient group.

4. To ensure the use of approved manual handling techniques in delivery patient care using procedures taught by the manual handling team, including the safe use of mechanical and nonmechanical manual handling aids.

5. To monitor and assist in the review of clinical standards and practice within their clinical area, with particular attention paid to the drive for evidence-based practice.

6. To be aware of the nursing performance indicators and support the Ward/ Department Manager in implementing the action plans to address areas for improvement.

### **Communication and Relationships**

1. To ensure that all team members report changes in patient progress effectively, both verbally and in written form. Ensure that accurate, legible, and holistic nursing records according to NMC /or HPC guidelines and unit guidance are maintained.

2. Where appropriate interpret and present clinical information to patients and their relatives, demonstrating highest levels of interpersonal and communication skills ensure that patients and their carers have sufficient relevant verbal and written information during the patient's stay.

3. To actively support staff working with highly distressing / highly emotional levels of illness.

4. To respond appropriately to ineffective communication techniques and styles used by staff, Supporting the Ward/ department Manager on first line performance management action in the event of continued issues. To undertake basic ward-based training for junior staff in relation to communication strategies.

5. To demonstrate sensitivity in dealing with complex and confidential information from patients, families and colleagues, giving advice and support when necessary. Respond appropriately to the information given.

6. In conjunction with the Ward/ department Manager develop appropriate written and verbal patient information processes and systems

7. Will actively contribute towards Ward / departmental meetings.

8. To ensure that information / decisions are cascaded appropriately to junior staff using tools forums and communication strategies as identified by the ward/ department manager.

9. In conjunction with the ward/ department Manager maintain collaborative working relationships and effective communications between all members of the multidisciplinary team, resolving conflict and working within the team to ensure a high standard of co-ordinated patient care.

### **Education, Professional Development and Training**

1. To take every reasonable opportunity for maintaining, developing, and acquiring competencies and skills for self-development.

2. Practice in accordance with the NMC

3. To support the implementation of an effective appraisal system, ensuring that all staff has set objectives that identify and support individual development and training needs.

4. To participate in the supervision, training and effective mentorship of junior staff, student nurses and Health Care Assistants.

5. In conjunction with the Ward/ Department manager identify the training and educational needs for all staff, contributing to the development and provision of the yearly training plan and educational training programmes and opportunities.

6. To participate in informal and formal training sessions for their staff, delivering orientation programmes for new staff and provide relevant feedback to all members of the team.

7. To support the Ward/ Department Manager in ensuring that all team members attend Mandatory training sessions. 8. Maintains an awareness of advances within critical care and nursing practice development thus ensuring the delivery of evidence-based care to the highest standard

### **Research and Audit**

1. Together with the Ward/Department Manager develop standards of care and participate in ongoing research, audit and projects.

2. To promote and disseminate relevant research findings to support clinical practice and education within the department.

3. To participate in developing systems for assessing the users' views on the quality of services provided and for involving patient's relatives and their representatives in the planning and development of services.

### **Human Resources**

1. To ensure that all local and national HR policies, procedures and guidelines are adhered to and report any failure to do so appropriately.

2. To assist the Ward/ Department Manager in the management of staff within their ward / Department including specific induction, recruitment and selection, deployment, training, performance management, sickness/ absence and appraisals.

3. Assists the Ward/ Department Manager in planning off duty rotas to ensure appropriate staffing levels and skill mix to meet patient needs.

4. To work with the Ward/ Department Manager on the appointment of nursing staff for their designated clinical area.

### **Clinical Governance and Risk Management**

1.To ensure compliance with the programme of risk assessment and action planning in relation to health and safety, clinical risk, and other agreed areas of risk management in line with corporate and national frameworks and strategies.

2. To have an awareness and participate in the handling of complaints relating to the service area, supporting the Ward/ Department Manager in implementing actions and changing practice when necessary.

3. To assist the Ward/ Department manager in the review and investigation of clinical incidents and support in developing and implementing action plans to improve and develop practice.

4. To support the Ward/ Department Manager to monitor performance within their clinical area against Controls Assurance and CNST standards and adhere to agreed appropriate action to ensure these standards are achieved.

### Decisions. Judgement and freedom to act

1. To work with the Ward Manager in ensuring services are delivered and targets met.

2. To work independently to ensure delivery of quality services within area of responsibility. Works within polices, protocols and professional standards. Seeks further advice and support from the Ward/ Department Manager for actions that effect areas outside their area of responsibility.

3. To be accountable for decisions affecting their sphere of responsibility. Liaises with Ward/ Department Manager and Nurse Manager on issues that have wider service implications across the organisation



# PERSON SPECIFICATION

The following pages contain a description of the qualifications, skills, experience, knowledge and other attributes a candidate should ideally possess to successfully perform this role.



# QUALIFICATIONS

ESSENTIAL	DESIRABLE
<ul> <li>RGN, (active NMC registration)</li> <li>Critical Care Course</li> <li>Evidence of Continuing Professional development</li> </ul>	

# EXPERIENCE AND KNOWLEDGE

E	SSENTIAL	DESIRABLE
exp	erience in the relevant speciality or equivalent. Such erience would enable the appropriate experience to nonstrate:-	
•	High level clinical skills and knowledge.	
•	Evidence of successfully co-ordinating, managing and leading the team on a day to day basis.	
•	Teaching ability	
•	Knowledge of roles and responsibility of post	
•	Involvement / awareness of Nursing audit and Research.	
•	An awareness and understanding of policy and practice relevant to speciality.	

# SKILLS

ESSENTIAL	DESIRABLE
<ul> <li>Ability to work and communicate effectively within a multidisciplinary team setting.</li> <li>Evidence of excellent communication skills including verbal, non-verbal and written.</li> <li>Excellent interpersonal skills with professional credibility</li> <li>Positive attitude to change with a proven ability to assist senior staff in the implementation of change and practice development.</li> <li>Be familiar with computers Microsoft office / Trust software.</li> </ul>	

# OTHER

(	ESSENTIAL	DESIRABLE
•	Awareness of professional and personal limitations.	
•	Ability to act as a positive role model to other members of the team.	
•	Strong and effective team worker	
•	Flexible and Adaptable in approach	
•	Upholds Trust Values	
•	Ability to write clearly and legibly, have good listening skills and be able to articulate clearly, adapting communication approach to meet the needs of individuals.	
•	Ability to travel to both Trust sides to attend relevant meetings etc.	

# **GENERAL CONDITIONS**

As they undertake their duties, all our people are required to uphold and demonstrate the Trust's core values of: Partnering, Ambitious, Caring and Trusted. Collaboration and partnership are also central to our approach in delivering our fundamental activities of patient care, teaching, and research.

# **HEALTH & SAFETY**

As an employee of the Trust, you have a responsibility to:

- take reasonable care of your own Health and Safety and that of any other person who may be affected by your acts or omissions at work; and
- co-operate with the Trust in ensuring that statutory regulations, codes of practice, local policies and departmental health and safety rules are adhered to; and
- not intentionally or recklessly interfere with or misuse anything provided in the interests of health and safety

# INFECTION PREVENTION AND CONTROL (IPC)

The prevention and management of acquired infection is a key priority for the Trust. As an employee of the Trust, you have a responsibility to:

- ensure that your work methods are compliant with the Trust's agreed policies and procedures and do not endanger other people or yourself; and
- be aware of infection prevention and control policies, practices, and guidelines appropriate for your duties and you must follow these at all times to maintain a safe environment for patients, visitors and colleagues; and
- maintain an up-to-date knowledge of infection prevention and control, policies, practices, and procedures through attendance at annual mandatory updates and ongoing continuing professional development; and
- challenge poor infection prevention and control practices of others and to report any breaches, using appropriate Trust mechanisms (e.g. incident reporting policy)

# **INFORMATION GOVERNANCE**

The Trust is committed to compliance with Information Governance standards to ensure that all information is handled legally, securely, efficiently, and effectively. You are required to comply with the Trust's Information Governance policies and standards.

- Confidentiality and Security Your attention is drawn to the confidential nature of
  information collected within the NHS. Whilst you are employed by the Trust you will come
  into contact with confidential information and data relating to the work of the Trust, its
  patients or employees. You are bound by your conditions of service to respect the
  confidentiality of any information you may come into contact with which identifies
  patients, employees or other Trust personnel, or business information of the Trust. You
  also have a duty to ensure that all confidential information is held securely at all times,
  both on and off site.
- Disclosure of Information To ensure that information is only shared with the appropriate people in appropriate circumstances, care must be taken to check the recipient has a legal basis for access to the information before releasing it. Upon leaving the Trust's employment and at any time thereafter you must not take advantage of or disclose confidential information that you learnt in the course of your employment, to protect yourself and the Trust from any possible legal action.
- Information Quality and Records Management You must ensure that all information handled by you is accurate and kept up-to-date and you must comply with the Trust's recording, monitoring, validation and improvement schemes and processes.

# PROFESSIONAL STANDARDS AND PERFORMANCE REVIEW

As an employee of the Trust, you have a responsibility to:

- participate in continuous personal development including, statutory and mandatory training as appropriate for the post; and
- maintain consistently high personal and professional standards and act in accordance with the relevant professional code of conduct; and
- take responsibility for the maintenance and improvement of personal and professional competence and to encourage that of colleagues and subordinates

# SAFEGUARDING CHILDREN AND VULNERABLE ADULTS

We all have a personal and a professional responsibility within the Trust to identify and report abuse.

As an employee of the Trust, you have a responsibility to ensure that:

- you are familiar with and adhere to the Trusts Safeguarding Children procedures and guidelines
- you attend safeguarding awareness training and undertake any additional training in relation to safeguarding relevant to your role

# SOCIAL RESPONSIBILITY

The Trust is committed to behaving responsibly in the way we manage transport, procurement, our facilities, employment, skills, and our engagement with the local community so that we can make a positive contribution to society. As an employee of the Trust, you have a responsibility to take measures to support our contribution and to reduce the environmental impact of our activities relating to energy and water usage, transport and waste.

# **CONTINUOUS IMPROVEMENT**

The Shrewsbury and Telford Hospital NHS Trust is committed to creating a culture that puts Continuous Improvement at the forefront of our transformational journey and our aim is to empower colleagues at all levels have the confidence, capability, passion, and knowledge, to test changes and make improvements at SaTH and in the communities we serve.

Following a successful five-year partnership with the Virginia Mason Institute in the USA, SaTH continues to further develop and embed the Trust's approach to Continuous Improvement at all levels of the organisation. You will be supported by an Improvement Hub, which will provide the necessary expertise to support you make improvements, while also providing training at various stages of your time at SaTH, as part of your continuing professional development.

# EQUAL OPPORTUNITIES AND DIVERSITY

The Shrewsbury and Telford Hospital NHS Trust is striving towards being an equal opportunities employer. No job applicant or colleague will be discriminated against on the grounds of race, colour, nationality, ethnic or national origin, religion or belief, age, sex, marital status or on the grounds of disability or sexual preference.

Selection for training and development and promotion will be on the basis of an individual's ability

to meet the requirements of the job.

The Shrewsbury and Telford Hospital NHS Trust the post-holder will have personal responsibility to ensure they do not discriminate, harass, bully, or contribute to the discrimination, harassment or bullying of a colleague or colleagues, or condone discrimination, harassment or bullying by others.

The post-holder is also required to co-operate with measures introduced to ensure equality of opportunity.

# NO SMOKING POLICY

There is a no smoking policy in operation within the Trust. Smoking within the Trust's premises or within the Trust's grounds is not permitted.

# MISCELLANEOUS

This job description is an outline of the key tasks and responsibilities of the post and is not intended to be an exhaustive list. The job may change over time to reflect the changing needs of the Trust and its services as well as the personal development.





### The Royal Shrewsbury Hospital

Telephone: 01743 261000 Minicom: 01743 261213

Address: The Royal Shrewsbury Hospital Mytton Oak Road Shrewsbury SY3 8XQ

Getting to The Royal Shrewsbury Hospita

### The Princess Royal Hospital

Telephone: 01952 641222 Minicom: 01952 641222 Ext: 4995

> Address: The Princess Royal Hospital Apley Castle Telford TF1 6TF

Getting to The Princess Royal Hospital

sath.nhs.uk